

LOVITALY

restaurant ♥ pizzeria ♥ coffee ♥ deli

À LA CARTE MENU

CICCHETTI TO SHARE

3 cicchetti to share for only £16

MIX SPICY SICILIAN OLIVES	£4.5
PESTO E FORMAGGIO DI CAPRA Pesto and soft goat cheese	£5.95
SPECK E TALEGGIO Smoked cured ham served with Taleggio cheese	£7.9
CROSTINI DI PECORINO E SALSICCIA Mature Pecorino cheese and cured Sausages	£8.95
CIPOLLINE BORETTANE ALL'ACETO BALSAMICO Pickled onions with sweet balsamic vinegar	£6.75
POMODORI SECCHI E FORMAGGIO DI CAPRA Sundried tomatoes and soft goat cheese from Sardinia	£6.75
ACCIUGHE MARINATE Marinated Anchovies	£6.9
PANE GUTTIAU Sardinia bread with pesto sauce dip	£6.9

ANTIPASTI - STARTERS

TRADITIONAL ARANCINI ALLA BOLOGNESE	£9
Traditional Italian rice ball with Bolognese sauce, peas and a heart of melted mozzarella.	
PANE E OLIVE (NS VE GFO MFO)	£6.5
Homemade mixed bread with EVO oil, balsamic vinegar, butter and mixed seasoned Sicilian olives.	
COZZE ALLO ZAFFERANO E POMODORINI (S F SF MF GFO)	£9.5
Sautéed fresh mussels in saffron, white wine e cherry tomatoes sauce served with Toasted homemade bread.	
BRUSCHETTA AL POMODORO (MF VE GFO NS)	£7
Toasted homemade bread, topped with fresh chopped vine tomatoes, garlic, basil and EVO oil.	
CALAMARI FRITTI (MF F SF)	£10
Deep fried calamari served with dill and lemon mayo.	
BUFFALA AFFOGATA CON `NDUJA (V GFO)	£8.9
Oven baked Buffalo mozzarella with `nduja served with our home baked bread.	
TRICOLORE (V GF)	£9.5
Buffalo mozzarella, avocado, tomato and basil with balsamic pearls.	
GAMBERI ALLA SARDA (MF V F)	£12
Three Argentinian prawns breaded with Sardinian Pane Carasau served with saffron mayo.	

TAGLIERI - PLATTERS

TAGLIERE DI FORMAGGI (V GFO NS S) **£18.5** for one | **£32** for two
A generous selection of freshly cut Italian cheese and grilled vegetables, served with our homemade chilli jam, Italian truffle honey and sweet dips and homemade bread.

TAGLIERE LOVITALY (GFO MFO NS S) **£19.9** for one | **£35** for two
Our signature platter. The finest selection of freshly cut Italian cured meat and fresh Italian cheese, served with our homemade chilli jam and homemade bread.

TAGLIERE VEGETARIANO (V GFO MFO VEO NSO S) Platter for 2 **£27.5**
A light and fresh platter with grilled vegetables, sundried tomatoes, eggs, olives, assorted vegetarian delights selected by our chef, served with our homemade chilli jam and homemade bread.

TAGLIERE MISTO DI PESCE (F SF MF S) Platter for 2 **£37**
A succulent mixed of seafood and fresh fish: fresh sautéed mussels, smoked salmon, deep fried calamari, breaded Argentinian prawns all served with homemade aioli and toasted bread.

LE PASTE

SPAGHETTI ALLA PUTTANESCA (F S MF GFO)	£16
Spaghetti with tomato sauce , olives, red anchovies and chilli.	
RIGATONI ALLA CARBONARA – ITALIAN STYLE (GFO)	£16
With pasteurized egg yolk, black pepper, pecorino romano cheese and guanciale	
LASAGNA (NS C)	£17
Traditional Italian lasagna with homemade 100% beef Bolognese sauce served with mixed leaves salad	
TAGLIATELLE NEW FOREST (VEO GFO NS MFO)	£17
Egg tagliatelle with New Forest garlic mushrooms, creamy mushroom sauce, truffle oil, and parsley	
TAGLIATELLE AL RAGÙ BOLOGNESE (MFO DF C)	£16.5
Egg tagliatelle with homemade 100% beef Bolognese sauce	
TORTELLINI PROSCIUTTO E PANNA (NS)	£15
Fresh tortellini, filled with beef and pork, served with Parmigiano Reggiano cream, cooked ham and parmesan chips	
LINGUINE AI FRUTTI DI MARE (F SF GFO MF S)	£20
Linguine pasta with Argentinian red prawns, king prawns, clams, squid, mussels, EVO oil, garlic, chilli and parsley	
RISOTTO DEL GIORNO	
Risotto of the day. Can be found on the special board or please ask a staff member.	

PIZZA

Vegetarian, Vegan, Dairy free, white base options available

RICOTTA CREAM STUFFED CRUST OPTION FOR £2.50 | ALL PIZZAS ARE AVAILABLE CALZONE STYLE.

PIZZA MARINARA (VE MF) £9	PIZZA NEW FOREST (NS) £16.9
Tomato sauce, oregano, garlic oil, fresh capers, cherry tomatoes olives.	scamorza cheese, wild mushroom, truffle pesto and parmesan cheese.
PIZZA MARGHERITA (V VEO MFO) £12	PIZZA TOSCANA (MFO) £16
Tomato sauce, mozzarella and fresh basil.	Tomato sauce, mozzarella, rocket, parma ham, cherry tomatoes and parmesan shavings.
PIZZA CRISTINA (F MF) £15.5	PIZZA LOVITALY (S MFO) £17
Tomato sauce, red anchovies, onions, olives and capers.	Tomato sauce, mozzarella, spicy salami, guanciale, Italian cooked ham and Tuscan sausage.
PIZZA HAWAIANA (MFO) £13	PIZZA ALLA SARDA £15.9
Tomato sauce, mozzarella, pineapple and Italian cooked ham.	Tomato base with mozzarella, traditional Pecorino Sardo and Tuscan sausage.
PIZZA VEGETARIANA (V VEO MFO) £14	PIZZA AMATRICIANA £15.9
Tomato base with mozzarella, artichokes, spinach and roasted peppers.	Tomato, mozzarella, guanciale, caramelised onions and roman pecorino.
PIZZA 4 FORMAGGI (V) £15	PIZZA NOVEMBRE (N) £16.9
Tomato sauce, mozzarella, gorgonzola, parmesan cheese, pecorino e onions.	Tomato, mozzarella, gorgonzola, Tuscan sausage and walnuts.
PIZZA CALABRIA (S MFO) £15	PIZZA FIORENTINA £15
Tomato sauce, mozzarella, spicy salami, roasted peppers, caramelized onion, `nduja.	tomato mozzarella, spinach, olives and egg.
PIZZA 4 STAGIONI (MFO) £16.5	PIZZA PICCANTE £15.2
Tomato sauce, mozzarella, olives, mushrooms, grilled artichokes, Italian cooked ham.	tomato, mozzarella, gorgonzola `nduja.
PIZZA CARBONARA £15	
Pasteurized egg yolk sauce, roman pecorino and guanciale.	

GARLIC PIZZA BREAD

Ideal for sharing | **ADD CHEESE FOR £2.50**

GARLIC BREAD (VE MF) £6.50
PESTO GARLIC BREAD (V) £8.00
With pesto and cherry tomatoes.
GARLIC BREAD GRICIA (VE F MF) £8.00
Garlic base with crispy guanciale, pecorino romano cheese and black pepper.
PISTACCHIO GARLIC BREAD (V NS) £8.50
With pistachio cream pistachio crumbs.

INSALATE - SALADS

CAESAR SALAD (F GF GFO) £14
Chicken breast, streaky bacon, roman lettuce, parmesan Shavings salad, with croutons and Caesar dressing.
INSALATA PANZANELLA £12.5
Gem lettuce, bread, fresh onions, olives, vine tomatoes and cucumber.

V vegetarian | VE vegan | NS contains nuts/seeds | MF milk free | GF gluten free | O option available | DF dairy free | S spicy | F fish | SF shell fish | C celery

Not all ingredients can be listed - if you have an allergy or an intolerance please inform a member of staff

CONTORNI - SIDE DISHES

MIXED LEAVES SALAD (VE GF MF) With onions, black olives, tomatoes, cucumber and radish.	£4
ROCKET AND PARMESAN SALAD (V GF)	£4
TOMATO AND ONION SALAD (VE GF MF)	£4
SAUTÉED NEW POTATOES (VE GF MF)	£5
SAUTÉED MEDITERRANEAN VEGETABLES (VE GF MF)	£5
SKIN ON CHIPS	£4.95
TRUFFLE PARMESAN CHIPS	£ 6.5
CHEESY CHIPS	£6.5

SECONDI - MAINS

RIB EYE STEAK 8oz grilled rib eye steak served with chips and a rocket and parmesan salad.	£26
UPGRADE YOUR STEAK WITH ONE OF OUR SAUCES FOR £2.50 Peppercorn Sauce or Gorgonzola Sauce.	
HAMBURGER CRISTINA (NS MFO) 100% beef burger, garlic mayo, breaded mozzarella, caramelized red onion, fresh tomato, pancetta and salad served with chips in a homemade brioche bun.	£18.5
PARMIGIANA DI MELANZANE (V) Layers of fried aubergine, tomato and basil sauce, grated Parmigiano Reggiano. Served with mixed leaves salad.	£15
BRACIOLA DI MAIALE (MFO) Oven baked breaded pork chop in a bed of pizzaiola sauce topped with mozzarella, grilled onion served with new potatoes and spring onion salad.	£18.9
COTOLETTA DI POLLO ALLA MILANESE (MFO) Breaded chicken escalope Milanese style, served with chips and mix salad.	£17
POLLO AI FUNGHI (GFO DFO N NFO) Chicken breast fillets cooked in a creamy mushroom sauce, served with sautéed potatoes.	£19

PANINI

Vegetarian, Vegan, Dairy free options available
Lunch time only from 12noon to 2.00pm

ADD CHIPS FOR £2.50

PANINO ITALIANO (MFO) Italian cooked ham, mozzarella and mushrooms.	£7
PANINO VEGETARIANO (V) Mixed grilled vegetables, mozzarella, pesto and fresh vine tomato.	£8
PANINO CALABRESE (S MFO) Italian spicy salame, mozzarella, rocket, fresh vine tomato and chilli oil.	£8
PANINO LOVITALY Parma ham, buffalo mozzarella, rocket, fresh vine tomato and oregano.	£9
PANINO SALMONE (F SF S MF) Fresh tomato, avocado, smoked salmon and homemade chilli jam.	£9
PANINO AL TONNO (F SF MF) Tuna in olive oil, red onions, mayonnaise, tomatoes and lettuce.	£8
PANINO MILANESE (MF) Breaded crispy chicken escalope, fresh tomato, mixed leaves salad and mayonnaise.	£9

DOLCI/DESSERT

TIRAMISU	
ORANGE AND CHOCOLATE CHEESECAKE	
PANNACOTTA Chocolate, forest fruit, caramel, passion fruit.	
TORTA DEL GIORNO (cake of the day)	
SPICY BROWNIE	
VEGAN ICE CREAM BISCUIT WITH BERRY CREAM	
CHOCOLATE ITALIAN TRUFFLE ICE CREAM	
3 CHEESES PLATTER Gorgonzola, pecorino, taleggio.	£9.9

BREAKFAST

Breakfast served from 9:00am - 12:00pm Monday-Sunday | **Fluffetts farm eggs**

EGGS AND MORE:

ON TOAST (GFO MF) **£5.5**
2 Fried or poached eggs.

SCRAMBLE (GFO) **£6.5**
3 scramble eggs with parmesan cheese served with toasted bread.

OMELETTE (GF MF DFO) **£6.5**
Served with toasted bread.

BENEDICT (GFO MF) **£8.9**
Poached with cooked ham, toasted bread served with hollandaise sauce.

ROYALE (F MF GFO) **£10**
Poached, spinach, smoked salmon, toasted bread served with hollandaise sauce.

LOVITALY (GFO MF) **£10.5**
Poached, bacon, avocado, toasted bread served with hollandaise sauce.

LOVITALY SPECIAL BREAKFAST DEAL **£6.50**

(Available only Monday to Friday from 09:00 to 11:00am)

Choose between croissant, savoury pastry or a slice of panettone, medium coffee and a glass of our fruit juice.

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Do you know Lovitaly is an Italian delicatessen. We are specialize to sell fresh cured meat and cheeses from Italy.

Why not sample our products. Ask a member of staff to create your own platter.

TRADITIONAL AND SPECIALS:

FULL ENGLISH BAGEL (GFO MF) **£9.9**
Sausage, bacon, fried egg and hash brown.

VEGETARIAN BAGEL (V VEO S) **£9.5**
Avocado, tomato, fresh mozzarella, fried egg and sweet chilli jam.

SALMON BAGEL (S NS MF) **£9**
Smoked salmon, avocado, tomato, sesame seeds.

BACON AND CHEESE PANINI (GFO MFO) **£7.5**
Homemade focaccia bread with bacon and cheese.

FULL ENGLISH (GFO MF) **£10.5**
Italian sausage, fried egg, 2 bacon, baked beans, mushroom, hash brown, grilled tomato and bread.

VEGETARIAN (V VEO GFO) **£10.5**
Fried egg, fresh mozzarella, avocado, mushroom, baked beans, hash brown, grilled tomato, mix grilled vegetables and a slice of bread.

CRISTINA SPECIAL (GFO MF) **£7.9**
2 eggs cooked in a tomato sauce, topped with grated pecorino cheese, served with bread.

COLAZIONE ITALIANA (GFO MFO) **£10.5**
Parma ham, buffalo mozzarella, mushrooms 2 fried eggs and Italian sausage.

ADD SOME EXTRA

EGG	£1
HASH BROWN	£1
ONION	£1
CHEESE	£1.5
BAKED BEAN	£1.5
CHEESE	£2
MUSHROOM	£2
CURED MEAT	£2
AVOCADO	£2.5
ITALIAN SAUSAGE	£2.5
SMOKED SALMON	£3
PARMA HAM	£3

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