



À LA CARTE MENU

To ensure timely service and the best dining experience, **we kindly request that parties of 6 or more guests provide a pre-order.**
This helps us to prepare your meals with the utmost care and efficiency

WHILE DECIDING, WHY NOT TRY OUR NIBBLES?

- HUMMUS PISTACHIO** (V VE N MF GFO) **£7.9**
Served with Sardinian Carasau Bread.
- MIXED OLIVES** **£3.1**
- MIXED BREAD** (NS VE GFO MFO) **£6.5**
Served with balsamic and olive oil.
- OLIVE PATÉ** (F MF GFO) **£7.9**
Served with Sardinian Carasau Bread.
- OLIVE ASCOLANE** **£8.5**
Deep fried olives filled with mix meat.

ANTIPASTI - STARTERS

- TRADITIONAL ARANCINI ALLA BOLOGNESE** (N NFO) **£9.5**
Traditional Sicilian rice ball with Bolognese sauce, melted heart of mozzarella Served in pesto mayo.
- ANTIPASTO LOVITALY** (GF MFO) **£10.9**
Special selection: culatello parma ham, truffle, boiled quails egg and parmesan chips.
- COZZE E 'NDUJA** (S SF GFO MFO) **£9.5**
Sautéed fresh mussels with garlic and spicy 'nduja in a white wine sauce Served with homemade focaccia bread.
- BRUSCHETTA AL POMODORO** (MF VE GFO NFO) **£7**
Toasted homemade bread, topped with fresh chopped vine tomatoes, garlic, basil and EVO oil.
- CALAMARI FRITTI** (MF F SF) **£10**
Deep fried calamari served with spicy mayo.
- SARDE A BECCAFICO** (F N) **£10.9**
Baked sardines stuffed with a mixture of breadcrumbs, raisins, pinenuts and herbs. Served in a homemade crushed cherry tomato sauce.
- TRICOLORE** (V GF) **£9.5**
Buffalo mozzarella, avocado, tomato and basil with balsamic pearls.
- GAMBERI PORCHETTATI** (GF MF SF SO) **£12**
Oven baked Argentinian prawns wrapped in pancetta served with gremolata dressing.

LE PASTE

- LINGUINE AL GRANCHIO BOTTARGA** (GFO MF S F SF) **£20.5**
Linguine pasta with a mix of sweet crab and salty bottarga (cured fish roe) from Sardinia.
- RIGATONI ALLA DIAVOLA** (GFO S) **£16.9**
Spicy pasta with creamy gorgonzola cheese sauce and spicy 'nduja.
- SPAGHETTI ALLA PUTTANESCA** (F S MF GFO) **£17.9**
Classic Italian pasta known for its bold flavours, made with olives, capers, tomato and anchovies.
- RIGATONI ALLA CARBONARA – ITALIAN STYLE** (GFO) **£16.5**
Traditionally pasta from Lazio with pasteurized egg yolk, black pepper, pecorino romano cheese and guanciale.
- LASAGNA** (NS C) **£15.9**
Traditional Italian lasagne with homemade 100% beef Bolognese sauce. **ADD CHIPS OR SALAD FOR £2.50**
- TAGLIATELLE NEW FOREST** (VEO GFO NS NFO MFO) **£17.9**
Egg tagliatelle with New Forest garlic mushrooms in a creamy truffle sauce.
- TAGLIATELLE AL RAGÙ BOLOGNESE** (MFO DF C) **£16.9**
Egg tagliatelle made with 100% beef mince and homemade tomato sauce.
- TORTELLINI PROSCIUTTO E PANNA** (N NFO) **£15.9**
Fresh tortellini, filled with beef and pork, served with Parmigiano Reggiano cream, cooked ham and parmesan chips.
- LINGUINE AI FRUTTI DI MARE** (F SF GFO MF S C) **£20.5**
Linguine pasta with Argentinian red prawns, king prawns, clams, squid, mussels, EVO oil, garlic, chilli and parsley in a lobster and white wine sauce
- RAVIOLI DEL GIORNO E RISOTTO DEL GIORNO**
Can be found on the special board or please ask a staff member.

GARLIC PIZZA BREAD

Ideal for sharing | **ADD CHEESE FOR £2.50**

- GARLIC BREAD** (VE MF) **£6.5**
- GARLIC BREAD GRICIA** (VE F MF) **£8**
Garlic base with crispy guanciale, pecorino romano cheese and black pepper.
- PESTO GARLIC BREAD** (V) **£8**
With pesto and cherry tomatoes.
- PISTACCHIO GARLIC BREAD** (V NS) **£8.5**
With pistachio cream pistachio crumbs.

PIZZA

Vegetarian, Vegan, Dairy free, white base options available

RICOTTA CREAM STUFFED CRUST OPTION FOR £2.50 | ALL PIZZAS ARE AVAILABLE CALZONE STYLE.

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| PIZZA MARINARA (VE MF) £9 | PIZZA TOSCANA (MFO) £17.9 |
| Tomato sauce, oregano, fresh capers, olives and cherry tomatoes. | Tomato sauce, mozzarella, rocket, parma ham, parmesan shavings and cherry tomatoes. |
| PIZZA MARGHERITA (V VEO MFO) £12 | PIZZA LOVITALY (S MFO) £18.9 |
| Tomato sauce, mozzarella and fresh basil. | Tomato sauce, mozzarella, spicy salami, pancetta, Italian cooked ham and Tuscany sausage. |
| PIZZA CRISTINA (F MF) £15.5 | PIZZA ESTIVA (S MFO VO) £15.9 |
| Tomato sauce, red anchovies, fresh red onion, olives, capers and oregano. | Mozarella, fresh courgettes, 'nduja and basil. |
| PIZZA HAWAIANA (MFO VO) £14 | PIZZA TARTUFATA (MFO NFO) £17.9 |
| Tomato sauce, mozzarella, pineapple and Italian cooked ham. | Truffle sauce, burrata cheese, Italian cooked ham, walnuts and basil. |
| PIZZA VEGETARIANA (V VEO MFO) £15 | PIZZA CAPRINO (MFO VO) £17.9 |
| Tomato sauce, mozzarella, mushrooms, artichokes, fresh courgette and cherry tomatoes. | Tomato sauce, mozzarella, goat cheese, caramelised onion, Tuscany sausage and oregano. |
| PIZZA 4 FORMAGGI (V) £14 | PIZZA GRANCHIO (SF) £18.9 |
| Tomato sauce, mozzarella, taleggio, gorgonzola, peccorino, parmesan chips and black pepper. | Fresh courgettes, crab meat, lemon zest and oven baked cherry tomatoes. |
| PIZZA CALABRIA (S MFO) £16.5 | PIZZA GAMBERETTI (S SF) £18.9 |
| Tomato sauce, mozzarella, spicy salami, spicy 'nduja roasted peppers, caramelized onion and basil. | Mozarella, prawns, spicy 'nduja, rocket pesto, fresh onion and baked cherry tomatoes. |
| PIZZA 4 STAGIONI (MFO) £16.5 | PIZZA SALMONE (F MFO) £18.9 |
| Tomato sauce, mozzarella, Italian cooked ham, grilled artichokes, mushroom, olives and oregano. | Smoked salmon, buratta cheese and pink pepper. |
| PIZZA NEW FOREST (V NS) £17.9 | PIZZA BURRANTINA (F MFO VO VEO) £18.9 |
| Scamorza cheese, wild mushroom, mushroom sauce, parmesan shavings, truffle oil and basil. | Tomato sauce, sundried tomato pesto, burrata cheese, anchovies, olives and rocket. |

CONTORNI - SIDE DISHES

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| MIXED LEAVES SALAD (VE GF MF) £4 |
| With onions, black olives, tomatoes, cucumber and radish. |
| ROCKET AND PARMESAN SALAD (V GF) £4 |
| TOMATO AND ONION SALAD (VE GF MF) £4 |
| SAUTÉED NEW POTATOES (VE GF MF) £5 |
| SAUTÉED MEDITERRANEAN VEGETABLES (VE GF MF) £5 |
| SKIN ON CHIPS £4.95 |
| TRUFFLE PARMESAN CHIPS £ 6.5 |
| CHEESY CHIPS £6.5 |

INSALATE - SALADS

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| CAESAR SALAD (F GFO) £15 |
| Chicken breast, streaky bacon, roman lettuce, parmesan shavings, croutons and homemade Caesar dressing. |
| PECORINO, PERE E NOCI (NFO MFO V GF) £13.5 |
| A light fresh salad dish, with pecorino cheese, walnut and pear, mix salad leaves and a honey truffle dressing |
| INSALATA NETTUNO (F SF MF GFO) £17.9 |
| Prawns, sliced avocado, tomato, gem lettuce, croutons and a homemade citronete dressing |

V vegetarian | VE vegan | NS contains nuts/seeds | MF milk free | GF gluten free | O option available | DF dairy free | S spicy | F fish | SF shell fish | C celery

Not all ingredients can be listed - if you have an allergy or an intolerance please inform a member of staff

TAGLIERI - PLATTERS

TAGLIERE DI FORMAGGI (V NS GFO SFO) **£18.5** for one | **£32** for two
A generous selection of freshly cut Italian cheese and grilled vegetables, served with our homemade chilli jam, Italian truffle honey and sweet dips and homemade bread.

(During Busy periods we are unable to offer this platter, please see below alternatives)

TAGLIERE LOVITALY (NS GFO MFO SFO) **£19.9** for one | **£35** for two
Our signature platter. The finest selection of freshly cut Italian cured meat and fresh Italian cheese, served with our homemade sweet chilli jam and homemade bread.

(During Busy periods we are unable to offer this platter, please see below alternatives)

TAGLIERE VEGETARIANO (V GFO MFO VEO NSO SFO) **£27.5** Platter for 2
A light and fresh platter with grilled vegetables, sundried tomatoes, eggs, olives, assorted vegetarian delights selected by our chef. All served with our homemade sweet chilli jam and homemade bread.

TAGLIERE MISTO DI PESCE (F SF MF SFO) **£37** Platter for 2
A succulent mixed of seafood and fresh fish: Fresh sautéed mussels with spicy nduja, smoked salmon, deep fried calamari and prawns wrapped in pancetta. All served with our homemade sweet chilli jam and homemade toasted bread.

LOVITALY SANDWICHES

Our sandwiches can be made with either homemade focaccia bread or in calzone style pizza base

Only available for lunch (12pm to 14pm) | **ADD CHIPS FOR £2.50**

PANINO ITALIANO (MFO) **£7**
Italian cooked ham, mozzarella and mushrooms.

PANINO VEGETARIANO (V) **£8**
Mixed grilled vegetables, mozzarella, pesto and fresh vine tomato.

PANINO CALABRESE (S MFO) **£8**
Italian spicy salame, mozzarella, rocket, fresh vine tomato and chilli oil.

PANINO LOVITALY **£9**
Parma ham, buffalo mozzarella, rocket, fresh vine tomato and oregano.

PANINO SALMONE (F SF S MF) **£9**
Fresh tomato, avocado, smoked salmon and homemade chilli jam.

PANINO AL TONNO (F SF MF) **£8**
Tuna in olive oil, red onions, mayonnaise, tomatoes and lettuce.

PANINO MILANESE (MF) **£9**
Breaded crispy chicken escalope, fresh tomato, mixed leaves salad and mayonnaise.

SECONDI - MAINS

RIB EYE STEAK **£26**

10oz grilled rib eye steak served with chips and a rocket and parmesan salad.

UPGRADE YOUR STEAK WITH ONE OF OUR SAUCES FOR £2.50

Peppercorn Sauce or Gorgonzola Sauce.

LOVITALY BURGER (N GFO MFO SFO) **£18.5**

100% beef burger with scamorza cheese, tomato, gem lettuce, pancetta and homemade chilli jam.

PARMIGIANA DI MELANZANE (V) **£16.9**

Traditionally Sicilian dish made with layers of fried aubergine, tomato and basil sauce and grated Parmigiano Reggiano.

ADD CHIPS OR SALAD FOR £2.50

SPIEDINO DI POLLO (GF MFO) **£18.9**

Mediterranean style chicken and vegetable skewer served with oven baked parmesan new potatoes and yoghurt, mint and beetroot dip.

COTOLETTA DI POLLO ALLA MILANESE (MFO) **£17.5**

Breaded chicken escalope Milanese style served on a bed of homemade cherry tomato sauce topped with rocket salad and a side of fries.

PORK LOLIPOP **£20.5**

Breaded pork and Italian sausage mince stuffed with herbs and butter Served with roasted red pepper sauce and sautéed new potatoes.

BREAKFAST

Breakfast served from 9:00am - 12:00pm Monday-Friday | 9:00am - 11:30am Saturday | **Fluffetts farm eggs**

EGGS AND MORE:

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| ON TOAST (GFO MF) 2 Fried or poached eggs. | £5.5 |
| SCRAMBLE (GFO) 3 scramble eggs with parmesan cheese served with toasted bread. | £6.5 |
| OMELETTE (GF MF DFO) Served with toasted bread. | £6.5 |
| BENEDICT (GFO MF) Poached with cooked ham, toasted bread served with hollandaise sauce. | £8.9 |
| ROYALE (F MF GFO) Poached, spinach, smoked salmon, toasted bread served with hollandaise sauce. | £10 |
| LOVITALY (GFO MF) Poached, bacon, avocado, toasted bread served with hollandaise sauce. | £10.5 |

LOVITALY SPECIAL BREAKFAST DEAL **£6.50**

(Available only Monday to Friday from 09:00 to 11:00am)

Choose between croissant, savoury pastry or a slice of panettone, medium coffee and a glass of our fruit juice.

LOVITALY

restaurant • pizzeria • coffee • deli

Do you know Lovitaly is an Italian delicatessen. We are specialize to sell fresh cured meat and cheeses from Italy.

Why not sample our products. Ask a member of staff to create your own platter.

TRADITIONAL AND SPECIALS:

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| FULL ENGLISH BAGEL (GFO MF) Sausage, bacon, fried egg and hash brown. | £9.9 |
| VEGETARIAN BAGEL (V VEO S) Avocado, tomato, fresh mozzarella, fried egg and sweet chilli jam. | £9.5 |
| SALMON BAGEL (S NS MF) Smoked salmon, avocado, tomato, sesame seeds. | £9 |
| BACON AND CHEESE PANINI (GFO MFO) Homemade focaccia bread with bacon and cheese. | £7.5 |
| FULL ENGLISH (GFO MF) Italian sausage, fried egg, 2 bacon, baked beans, mushroom, hash brown, grilled tomato and bread. | £10.5 |
| VEGETARIAN (V VEO GFO) Fried egg, fresh mozzarella, avocado, mushroom, baked beans, hash brown, grilled tomato, mix grilled vegetables and a slice of bread. | £10.5 |
| CRISTINA SPECIAL (GFO MF) 2 eggs cooked in a tomato sauce, topped with grated pecorino cheese, served with bread. | £7.9 |
| COLAZIONE ITALIANA (GFO MFO) Parma ham, buffalo mozzarella, mushrooms 2 fried eggs and Italian sausage. | £10.5 |

ADD SOME EXTRA

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| EGG | £1 |
| HASH BROWN | £1 |
| ONION | £1 |
| CHEESE | £1.5 |
| BAKED BEAN | £1.5 |
| CHEESE | £2 |
| MUSHROOM | £2 |
| CURED MEAT | £2 |
| AVOCADO | £2.5 |
| ITALIAN SAUSAGE | £2.5 |
| SMOKED SALMON | £3 |
| PARMA HAM | £3 |

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